

ENON HEIGHTS WELLNESS SANCTUARY

A private space to slow down, breathe and restore body and mind.

OUR RITUALS

Enon Signature Massage

Our signature full- body massage, combining flowing movements and carefully applied pressure to release tension and deep relaxation. 60 or 90 minutes.

Aroma therapy Massage

A deeply relaxing massage enhanced with carefully selected essential oils. 60 or 90 minutes.

Deep Tissue Massage

A firmer massage designed to focus on areas of muscular tension and stiffness. 60 or 90 minutes.

Hot stone Ritual

Warm stones combined with flowing massage techniques for a deeply calming and luxurious experience. 75 minutes

The couple's ritual

A private shared wellness experience with simultaneous massages in our tranquil Wellness Sanctuary. 90 minutes.

The Lagoon Escape

A complete Enon Heights wellness journey combining body polish, full body massage, and relaxing facial ritual. 120 minutes.

The Enon Ritual

Our signature wellness experience. 90 minutes.